

Championships Event Grid by Age - Para Athletes F01, F11, F12, F13, F20, F60

Age	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women
OPEN	2.0kg	1.0kg	7.26kg	4.0kg	800g	600g
U20	1.75kg	1.0kg	6.0kg	4.0kg	800g	600g
15s-16s	1.5kg	1.0kg	5.0kg	3.0kg	700g	500g
13s-14s	1.0kg	1.0kg	4.0kg	3.0kg	700g	500g
12s	750g	750g	2.0kg	2.0kg	400g	400g
11s	500g	500g	2.0kg	2.0kg	400g	400g
10s	500g	500g	2.0kg	2.0kg		
9s	500g	500g	2.0kg	2.0kg		

Championships Event Grid by Age - Para Athletes F21 (112)

Age	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women
OPEN	1.0kg	750g	4.0kg	3.0kg	600g	400g
U20	1.0kg	750g	4.0kg	3.0kg	600g	400g
15s-16s	1.0kg	750g	3.0kg	2.0kg	500g	400g
13s-14s	1.0kg	750g	3.0kg	2.0kg	500g	400g
12s	750g	500g	2.0kg	1.0kg	400g	400g
11s	500g	500g	2.0kg	1.0kg	400g	400g
10s	500g	500g	2.0kg	1.0kg		
9s	500g	500g	2.0kg	1.0kg		

Championships Event Grid by Age - Para Athletes F31, F32, F33, F34, F35, F46, F37, F38

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
OPEN	F31							397g	397g
	F32	1.0kg	1.0kg	2.0kg	2.0kg			397g	397g
	F33	1.0kg	1.0kg	3.0kg	3.0kg	600g	600g		
	F34	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F35	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F36	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F37	1.0kg	1.0kg	5.0kg	3.0kg	600g	600g		
	F38	1.5kg	1.0kg	5.0kg	3.0kg	800g	600g		

Championships Event Grid by Age - Para Athletes F31, F32, F33, F34, F35, F46, F37, F38

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
U20	F31							397g	397g
	F32	1.0kg	1.0kg	2.0kg	2.0kg			397g	397g
	F33	1.0kg	1.0kg	3.0kg	3.0kg	600g	600g		
	F34	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F35	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F36	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F37	1.0kg	1.0kg	5.0kg	3.0kg	600g	600g		
	F38	1.5kg	1.0kg	5.0kg	3.0kg	800g	600g		

Championships Event Grid by Age - Para Athletes F31, F32, F33, F34, F35, F46, F37, F38

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
15s-16s	F31							397g	397g
	F32	750g	750g	1.0kg	1.0kg			397g	397g
	F33	750g	750g	2.0kg	2.0kg	500g	500g		
	F34	750g	750g	3.0kg	2.0kg	500g	500g		
	F35	750g	750g	3.0kg	2.0kg	500g	500g		
	F36	750g	750g	3.0kg	2.0kg	500g	500g		
	F37	750g	750g	4.0kg	2.0kg	500g	500g		

Championships Event Grid by Age - Para Athletes F31, F32, F33, F34, F35, F46, F37, F38

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
13s-14s	F31							397g	397g
	F32	750g	750g	1.0kg	1.0kg			397g	397g
	F33	750g	750g	2.0kg	2.0kg	500g	400g		
	F34	750g	750g	3.0kg	2.0kg	500g	400g		
	F35	750g	750g	3.0kg	2.0kg	500g	400g		
	F36	750g	750g	3.0kg	2.0kg	500g	400g		
	F37	750g	750g	3.0kg	2.0kg	500g	400g		
	F38	750g	750g	3.0kg	2.0kg	500g	400g		

Championships Event Grid by Age - Para Athletes F31, F32, F33, F34, F35, F46, F37, F38

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women
12s & 11s	F31						
	F32	500g	500g	1.0kg	1.0kg		
	F33	500g	500g	1.0kg	1.0kg	400g	400g
	F34	500g	500g	2.0kg	2.0kg	400g	400g
	F35	500g	500g	2.0kg	2.0kg	400g	400g
	F36	500g	500g	2.0kg	2.0kg	400g	400g
	F37	500g	500g	2.0kg	2.0kg	400g	400g
	F38	500g	500g	2.0kg	2.0kg	400g	400g

Championships Event Grid by Age - Para Athletes F31, F32, F33, F34, F35, F46, F37, F38

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women
10s	F31				
	F32	500g	500g	1.0kg	1.0kg
	F33	500g	500g	1.0kg	1.0kg
	F34	500g	500g	1.5kg	1.5kg
	F35	500g	500g	1.5kg	1.5kg
	F36	500g	500g	1.5kg	1.5kg
	F37	500g	500g	1.5kg	1.5kg
	F38	500g	500g	1.5kg	1.5kg

Championships Event Grid by Age - Para Athletes F31, F32, F33, F34, F35, F46, F37, F38

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women
9s	F31				
	F32	350g	350g	1.0kg	1.0kg
	F33	500g	500g	1.0kg	1.0kg
	F34	500g	500g	1.5kg	1.5kg
	F35	500g	500g	1.5kg	1.5kg
	F36	500g	500g	1.5kg	1.5kg
	F37	500g	500g	1.5kg	1.5kg
	F38	500g	500g	1.5kg	1.5kg

Championships Event Grid by Age - Para Athletes F40, F41

Age	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women
OPEN	1.0kg	750g	4.0kg	3.0kg	600g	400g
U20	1.0kg	750g	4.0kg	3.0kg	600g	400g
15s-16s	1.0kg	750g	3.0kg	2.0kg	500g	400g
13s-14s	1.0kg	750g	3.0kg	2.0kg	400g	400g
12s	500g	500g	1.5kg	1.5kg	400g	400g
11s	500g	500g	1.5kg	1.5kg	400g	400g
10s	500g	500g	1.5kg	1.5kg		
9s	500g	500g	1.5kg	1.5kg		

Championships Event Grid by Age - Para Athletes F42, F43, F44, F45, F46, F61, F62, F63, F64

Age	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women
OPEN	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
U20	1.5kg	1.0kg	6.0kg	4.0kg	800g	600g
15s-16s	1.0kg	1.0kg	5.0kg	3.0kg	700g	500g
13s-14s	1.0kg	1.0kg	4.0kg	3.0kg	600g	400g
12s	750g	750g	2.0kg	2.0kg	400g	400g
11s	500g	500g	2.0kg	2.0kg	400g	400g
10s	500g	500g	2.0kg	2.0kg		
9s	500g	500g	2.0kg	2.0kg		

Championships Event Grid by Age - Para Athletes F51, F52, F53, F54, F55, F56, F57

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
OPEN	F51	1.0kg	1.0kg					397g	397g
	F52	1.0kg	1.0kg	2.0kg	2.0kg	600g	600g		
	F53	1.0kg	1.0kg	3.0kg	3.0kg	600g	600g		
	F54	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F55	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F56	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F57	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		

Championships Event Grid by Age - Para Athletes F51, F52, F53, F54, F55, F56, F57

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
U20	F51	1.0kg	1.0kg					397g	397g
	F52	1.0kg	1.0kg	2.0kg	2.0kg	600g	600g		
	F53	1.0kg	1.0kg	3.0kg	3.0kg	600g	600g		
	F54	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F55	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F56	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		
	F57	1.0kg	1.0kg	4.0kg	3.0kg	600g	600g		

Championships Event Grid by Age - Para Athletes F51, F52, F53, F54, F55, F56, F57

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
15s-16s	F51	750g	750g					397g	397g
	F52	750g	750g	2.0kg	2.0kg	500g	500g		
	F53	750g	750g	2.0kg	2.0kg	500g	500g		
	F54	750g	750g	3.0kg	2.0kg	500g	500g		
	F55	750g	750g	3.0kg	2.0kg	500g	500g		
	F56	750g	750g	3.0kg	2.0kg	500g	500g		
	F57	1.0kg	750g	3.0kg	2.0kg	500g	500g		

Championships Event Grid by Age - Para Athletes F51, F52, F53, F54, F55, F56, F57

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
13s-14s	F51	750g	750g					397g	397g
	F52	750g	750g	2.0kg	2.0kg	400g	400g		
	F53	750g	750g	2.0kg	2.0kg	400g	400g		
	F54	750g	750g	2.0kg	2.0kg	400g	400g		
	F55	750g	750g	2.0kg	2.0kg	400g	400g		
	F56	750g	750g	2.0kg	2.0kg	400g	400g		
	F57	750g	750g	2.0kg	2.0kg	500g	400g		

Championships Event Grid by Age - Para Athletes F51, F52, F53, F54, F55, F56, F57

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
12s	F51	500g	500g					397g	397g
	F52	500g	500g	1.5kg	1.5kg	400g	400g		
	F53	500g	500g	1.5kg	1.5kg	400g	400g		
	F54	500g	500g	2.0kg	2.0kg	400g	400g		
	F55	500g	500g	2.0kg	2.0kg	400g	400g		
	F56	500g	500g	2.0kg	2.0kg	400g	400g		
	F57	500g	500g	2.0kg	2.0kg	400g	400g		

Championships Event Grid by Age - Para Athletes F51, F52, F53, F54, F55, F56, F57

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women	Javelin Men	Javelin Women	Club Men	Club Women
11s	F51	500g	500g						
	F52	500g	500g	2.0kg	2.0kg	400g	400g		
	F53	500g	500g	2.0kg	2.0kg	400g	400g		
	F54	500g	500g	2.0kg	2.0kg	400g	400g		
	F55	500g	500g	2.0kg	2.0kg	400g	400g		
	F56	500g	500g	2.0kg	2.0kg	400g	400g		
	F57	500g	500g	2.0kg	2.0kg	400g	400g		

Championships Event Grid by Age - Para Athletes F51, F52, F53, F54, F55, F56, F57

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women
10s	F51	500g	500g		
	F52	500g	500g	1.5kg	1.5kg
	F53	500g	500g	1.5kg	1.5kg
	F54	500g	500g	1.5kg	1.5kg
	F55	500g	500g	1.5kg	1.5kg
	F56	500g	500g	1.5kg	1.5kg
	F57	500g	500g	1.5kg	1.5kg

Championships Event Grid by Age - Para Athletes F51, F52, F53, F54, F55, F56, F57

Age	Class	Discus Men	Discus Women	Shot Put Men	Shot Put Women
9s	F51	350g	350g		
	F52	350g	350g	1.5kg	1.5kg
	F53	350g	350g	1.5kg	1.5kg
	F54	350g	350g	1.5kg	1.5kg
	F55	350g	350g	1.5kg	1.5kg
	F56	350g	350g	1.5kg	1.5kg
	F57	350g	350g	1.5kg	1.5kg